

ELEVATING YOUR ATTITUDE:

31 Power Statements for Daily Inspiration – Part 1

Accelerating Excellence
Podcast Episode #50 - Resource Guide

“The greatest discovery of my generation is that man can alter his life simply by altering his attitude of mind.”
- William James

We can't afford to wait for inspiration, we have to create it.
Here are 15 power statements to get your day off to a strong start.

<p>1. Be proactive. <i>Make things happen.</i></p>	<p>9. Be a craftsman, not a carpenter. <i>Normal is overrated.</i></p>
<p>2. Confidence is key to better performance. <i>Visualize success.</i></p>	<p>10. Make each day a masterpiece. <i>Live in day-tight compartments.</i></p>
<p>3. Find joy in the journey. <i>Life is an adventure, enjoy the ride.</i></p>	<p>11. Experience the joy of discipline. <i>When you are tough on yourself, life becomes easier.</i></p>
<p>4. Let the past refine you, not define you. <i>Turn your wounds into wisdom.</i></p>	<p>12. If it doesn't challenge you, it doesn't change you. <i>Push past hard.</i></p>
<p>5. Develop inner strength. <i>Confidence on the outside begins with integrity on the inside.</i></p>	<p>13. There is more in you than you know. <i>Demand great things of yourself.</i></p>
<p>6. Be single-minded. <i>Distraction is the enemy of greatness.</i></p>	<p>14. Play offense in life. <i>Think thrive not survive.</i></p>
<p>7. Get comfortable with the uncomfortable. <i>Safe is a dangerous place to be.</i></p>	<p>15. You have to go through awkward to get to awesome. <i>Everything is hard before it is easy.</i></p>
<p>8. Fall in love with the process. <i>Life is often won behind the scenes.</i></p>	

Note:

All 31 Power Statements will be included with the November 25, 2019 Podcast Resource Guide.
One for each day of the month.